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Diwali: The Festival of Lights

Deepavali, or Diwali, is a five-day "Festival of Lights" celebrated by millions across faiths. It symbolizes the triumph of light over darkness, good over evil, and knowledge over ignorance. The festival commemorates Lord Rama's return to Ayodhya after 14 years of exile and his victory over Ravana. In celebration, people lit lamps to welcome him home.

Other legends include Lord Krishna's defeat of Narakasura and the worship of Goddess Lakshmi for wealth and prosperity. Diwali also marks the Hindu New Year and holds significance in Jainism and Sikhism-Jains honor Lord Mahavira's enlightenment, while Sikhs celebrate Guru Hargobind Singh's release from captivity.

The festival encourages inner reflection, reminding us to embrace wisdom, strength, and positivity in a world often driven by materialism.

Key traditions include:

- **Lighting lamps:** Diyas and candles symbolize the victory of good over evil.
- **Decorations:** Homes are cleaned and adorned with lights, flowers, and colorful rangoli patterns.
- **Feasting and gifts:** Families share sweets, gifts, and wear new clothes.
- **Religious rituals:** Prayers are offered to Goddess Lakshmi and other deities.
- **Fireworks:** Though popular, their use may be limited due to environmental concerns.

Diwali's multi-faith significance and vibrant customs make it a celebration of unity, hope, and renewal.



Rtn. Dr. Raghuveer C.V. was honored on October 15, 2025, by the Govt. Dept. of Women and Child Welfare at the Zilla Panchayath, Nethravathi Building, on the occasion of the International Day of the Older Person.

PROGRAMME 28.10.2025 AT 07.00 PM

DIWALI CELEBRATION

Ann & Annets invited

Potluck Dinner Meeting

Next meeting. 04. 11. 2025 AT 07.00 PM

Speaker meeting

Ann & Annets invited

Rotary Club Weekly Meeting Proceedings - October 14, 2025

Theme: **Empowering Prosperity-Driving Economic and Community Development**

Welcome : President Rtn. Dr. M.S. Arun Kumar Shetty warmly welcomed Rotarians, Anns, Annets & guests.

Presentation Summary: Chief Guest Rtn. Rudolph spoke on "Empowering Prosperity," emphasizing sustainable, inclusive growth through community and economic development. Key points included:

- Building resilient, diversified economies that promote long-term social, economic, and ecological well-being.
- Ensuring fair distribution of development benefits and supporting marginalized groups.
- Strengthening MSMEs through access to finance, expertise, and support networks.
- Creating incubators and co-working spaces to foster innovation and entrepreneurship.
- Aligning education and industry through skill-building programs.
- Promoting "buy local" campaigns to retain capital within communities.
- Encouraging collaboration among public, private, and non-profit sectors to drive initiatives.

Outstanding Rotarian Felicitation: The inaugural 'Outstanding Rotarian Award 2025' was presented to Rtn. MD Dr. Shivaprasad K for his dedicated service and leadership. Rtn. Sudarshan Nayak read the citation, and the award was conferred by Rtn. Rudolph Rodrigues in the presence of PDG K. Krishna Shetty and club dignitaries. Dr. Shivaprasad expressed heartfelt gratitude in his acceptance.

Announcements

- 'Bale Gobbuga' Zonal Indoor Games held on October 12 at Fr. Muller Sports Complex saw 17 members participate; the club won prizes in 5 of 7 events.
- TRF Seminar registration (Nov 8-9, Puttur) is open.
- Members were reminded to complete My Rotary registrations.
- October 21 meeting cancelled due to Deepavali and Lakshmi Pooja.
- 46% of Anns attended the previous meeting.

Member Recognition :

- Indoor sports winners recognized.
- Rtn. M.K. Subraya Prabhu was chief guest at the 'Udyoga Mahithi Shibira'.
- Rtn. J.V. Shetty and Rtn. Lohidas elected to the University College Alumni Governing Council.
- Rtn. Sudarshan Nayak (PHF+ Level 2) and Rtn. Sajit K (TRF contributor) honored.

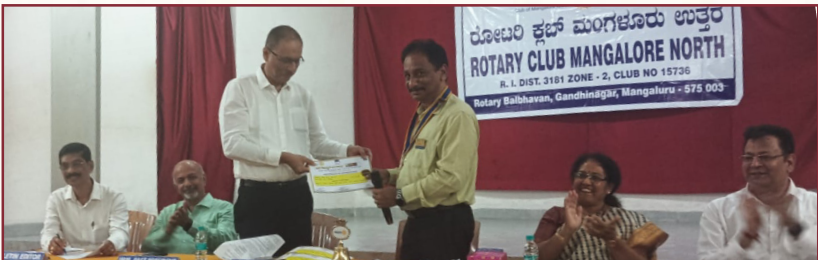
Special Guests: Families of Rtn. K.S. Yogish Kumar and Rtn. Dr. Shivaprasad K.

Celebrations : Marriage anniversaries and birthdays of Rotarians, Anns, Annets, and Jones were celebrated.

Acknowledgments : Invocation: Ann Geertha Rao, Chief Guest Introduction : Rtn. Kanchana Devi

Vote of Thanks : Rtn. Ganesh Hegde

Closing : The meeting concluded with the National Anthem and a fellowship dinner sponsored by Rtn. K.S. Yogish Kumar.



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OUTSTANDING ROTARIAN AWARD

CITATION OF HONOUR AWARDED WITH ADMIRATION

to

Rtn. Major Donor Dr. Shivaprasad K.

In recognition of his distinguished service, visionary leadership, and lifelong commitment to the ideals of Rotary, the Rotary Club of Mangalore North proudly honours Rtn. Major Donor Dr. Shivaprasad K, B.Sc., BHMS, MD (Hom.), a dedicated academician, compassionate physician, and an inspiring Rotarian whose professional and humanitarian contributions have brought immense pride to the club and the community.

Dr. Shivaprasad has rendered over three and a half decades of exemplary service in the field of Homeopathy and health care. Currently serving as Medical Superintendent of Yenepoya Homeopathic Medical College and Hospital, Naringana, Mangalore, a constituent unit of Yenepoya (Deemed to be University), he continues to inspire generations of students and professionals with his commitment to excellence, ethics, and compassion.

His tenure as Principal of Fr. Muller Homeopathic Medical College and Hospital (2013-2020), Vice Principal (2009-2013), and Postgraduate Coordinator (1999-2009) has been marked by remarkable academic progress and institutional development. Recognized for his outstanding leadership in medical education, he has served as Dean, Faculty of Homeopathy, Rajiv Gandhi University of Health Sciences, NAAC Assessor, and Member of multiple National Committees under the Ministry of AYUSH, Government of India.

Dr. Shivaprasad's academic excellence is reflected in his numerous research publications in reputed journals and his innovation as a co-holder of a patent for specialized software aiding homeopathic physicians. His pioneering work in the treatment of chronic diseases, allergic conditions, lifestyle disorders & palliative care for cancer patients has earned him immense respect in the medical fraternity.

As a Rotarian for over 31 years, Dr. Shivaprasad has embodied the true spirit of Rotary's motto, "Service Above Self." His journey in Rotary has been one of inspiration, dedication, and selfless service. He has played a pivotal role in several humanitarian initiatives and community development projects that have made a lasting difference in the lives of people.

As President of the Rotary Club of Mangalore North (2002-03), & (2025-26) he led the club to unprecedented achievements, securing 24 awards including the prestigious Best President Award. His leadership saw the successful implementation of major service projects such as the Fr. Muller - RC Mangalore North Eye Bank Matching Grant Project in collaboration with RC Würzburg, Germany (2006), and the Global Grant Project (US\$ 35,994) with RC Auburn Hills, USA, to provide Gynec-Onco Surgical Instruments to Lady Goschen Government Hospital, Mangalore (2025).

In his continued Rotary journey, Dr. Shivaprasad has served with distinction as Assistant Governor (2020-21), Dist. Chairman - RAHLA (2022-23), Dist. Chairman - Club Extension (2023-24), Dist. Secretary- Training (2024-25) and presently as Dist. Chair - Public Image. His leadership across various dist. committees such as Peace and Conflict Resolution, Rotary World Peace Fellowships, Dist. Polio Plus, Rotary Fellowship, and Village Adoption has significantly enhanced Rotary's outreach and impact.

He has represented the club and district in numerous Rotary International Conventions and National Summits, including the Bangkok RI Convention (2012), Rotary India Centenary Celebrations (Kolkata), Membership Conclave (Hyderabad, 2024), Rotary Grant Seminar (New Delhi, 2024), DISHA-2025 Summit (Jaipur), and LEAD-2025 Rotary Leadership Conclave (Chennai). His active engagement in these platforms has strengthened Rotary's vision and visibility.



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A Major Donor, Paul Harris Society Member, and Polio Plus Society Member, Dr. Shivaprasad has been a consistent contributor to The Rotary Foundation (TRF). His generosity and dedication have helped advance Rotary's mission of promoting peace, fighting disease, and supporting education.

For his remarkable contributions to medicine and social service, Dr. Shivaprasad has received several prestigious recognitions including the Suvarna Karnataka Rajyotsava Award (RGUHS, Bangalore), Homeopathy Acharya Award (KQHDA, Bangalore), Swasthi Siri State Award for excellence in medical and social service, and Rotary's highest recognition - the Avenues of Service Award.

A man of discipline, humility, and integrity, Dr. Shivaprasad also finds time for physical fitness and recreation through cricket, badminton, yoga, and marathon running. His family shares his values of service and excellence - his spouse, Rtn. Dr. Jyoshna, serves as Head of the Department of Homeopathic Pediatrics at Fr. Muller Homeopathic Medical College, and their son Likhith is a talented engineer.

In recognition of his outstanding leadership, professional achievements, humanitarian service, and exemplary commitment to the values and vision of Rotary, the Rotary Club of Mangalore North proudly presents this Outstanding Rotarian Award to Rtn. Major Donor Dr. Shivaprasad K for his enduring dedication, compassionate leadership, and invaluable contribution to Rotary and the community.

Presented with gratitude and admiration on 14th October 2025.

Rtn Dr Arunkumar Shetty, President

(Onbehalf of Office bearers , Board members and members of Rotary club of Mangalore North)



Rtn. MD Dr. Shivaprasad K. is being honored with the Outstanding Rotarian Award 2025.

Wedding Anniversary Greeting



Rtn B Radhakrishna & Ann Vimala, 18th Oct

Happy Birthday Wishes

Annet Lasya, D/o Rtn. Jayavarma Hegde, 15th Oct

Annet Pratheeksha, D/o Prakash Shetty, 18th Oct



Rtn.T. G. Shenoy received the prize for Chitra Kale from Mr. M.S. Kamath on October 15,2025 at Zilla Panchayat on the occasion of World Elders Day Celebration.



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